

This is a DRAFT timetable for entry puposes only, a FINAL timetable will be published on Friday 5th July.

Track				
Event No	Time	Event	Age	Round
	10.00	100m	Sen / U20 Men	CE
		100m	U17 / Mas Men	CE
	10.20	100m Hurdles	U20 Women	CE
		100m/80m Hurdles	Sen / W35 / W60 Women	CE
		Hurdles	Masters Women	Final
	10.30	80m Hurdles	U17 Women	CE
	10.40	2000m SC	Open / Masters Women	Final
	10.55	75m Hurdles	U15 Boys CE	CE
	11.05	70m Hurdles	U13 Girls CE	CE
	11.15	100m	Masters Women / Amb Women	Final
	11.25	100m	Masters Men / Amb Men	Final
	11.40	800m	Masters Women	Final
	11.50	800m	Masters Men	Final
	12.05	300m / 400m Hurdles	Masters Men	Final
	12.15	200m	Masters Women / Amb Wom	Final
	12.25	200m	Masters Men / Amb Men	Final
	12.45	200m	Wheelchair / Frame Running	Final
	12.55	3000m SC	Open / Master Men	Final
Lunch				
	13.45	400m	Wheelchair / Frame Running	Final
	13.55	400m	Masters Women / Amb Women	Final
	14.05	400m	Masters Men / Amb Men	Final
	14.25	1500m	Masters Women	Final
	14.35	1500m	Masters Men	Final
	15.00	1500m	Wheelchair / Frame Running	Final
	15.15	200m	Masters Women	CE
	15.25	200m	Masters Men	CE
	15.55	400m	Sen / U20 Men CE	CE
	16.05	400m	Mas Men / U17 Men CE	CE
	16.15	800m	U15 Boys CE	CE
	16,25	800m	U13 Girls CE	CE
<p>Combined Events Athletes - The Start and Report time for subsequent events will be listed at the CE Rest Area.</p> <p>Paralell Success athletes will be placed in appropriate heats according to their seed time.</p>				

This is a DRAFT timetable for entry puposes only, a FINAL timetable will be published on Friday 5th July.

FIELD			
Event No	Time	Event	Age
	10.00	Shot Put	U15 Boys CE
	10.00	High Jump	U13 Girls CE
			U13 Girls CE
	10.00	Hammer	Masters Men / Wom / Para
	10.50	Long Jump	Sen / U20 / U17 / Mas Men CE
	11.05	High Jump	Sen / U20 / Mas Wom CE Pool 2
			Sen / U20 / Mas Wom CE Pool 1
	11.30	Javelin	Masters Men / Women
	12.00	Long Jump	U15 Boys CE
	12.00	Shot Put	Sen / U20 / U17 / Mas Men CE
	12.30	High Jump	U17 Women CE
	12.40	Long Jump	Masters Men / Women / Para
	13.00	Shot Put	U13 Girls CE
		Shot Put	U13 Girls CE
	13.00	Discus	Masters M65 - M85 / Mas Women
	13.30	High Jump	U15 Boys CE
	14.00	Shot Put	Sen / U20 / Mas Women CE
	14.00	Shot Put	U17 Women CE
	14.15	Discus	Masters M35 - M60 / Para
	14.45	Long Jump	U13 Girls CE
	15.00	High Jump	Sen / U20 / U17 / Mas Men CE Pool 1
			Sen / U20 / U17 / Mas Men CE Pool 2
	15.00	Pole Vault	Masters Men / Women
	15.30	Long Jump	U13 Girls CE
	16.00	High Jump	Masters Men / Women / Para
	16.00	Shot Put	Masters Women / M75+
	16.00	Shot Put	Masters M35 - M70 / Para
	16.15	Triple Jump	Masters Men / Women
Warm Up - Minimum 2 Attempts			
<p>Combined Events Athletes - The Start and Report time for subsequent events will be listed at the CE Rest Area.</p> <p>Masters - Athletes achieving the Merit Standard will be granted a further 3 Paralell Success athletes will be placed within the Masters Field Event programme</p>			

This is a DRAFT timetable for entry purposes only, a FINAL timetable will be published on Friday 5th July.

Track

Event No	Time	Event	Age	Round
	10.00	110m Hurdles	Sen / U20 Men CE	CE
	10.05	100m Hurdles	U17 Men CE	CE
	10.10	Sprint Hurdles	Masters Men CE/ M70+	CE/Final
	10.15	Sprint Hurdles	Mas M60 / Mas W35	Final
	11.30	75m Hurdles	U13 Boys CE	CE
	12.00	75m Hurdles	U15 Girls CE	CE
	12.20	5000m	Masters Men Pool 1	Timed Final

Lunch

	13.30	5000m	Masters Men Pool 2	Timed Final
	14.15	5000m	Masters Women All	Timed Final
	15.00	800m	U17 Women CE	CE
	15.10	800m	Sen / U20 / Mas Women CE	CE
	16.30	800m	U13 Boys CE	CE
	16.45	800m	U15 Girls CE	CE
	17.00	1500m	U17 Men CE	CE
	17.10	1500m	Sen / U20 / Mas Men CE	CE

Combined Events Athletes - The Start and Report time for subsequent events will be listed at the CE Rest Area.

FIELD

Event No	Time	Event	Age	
	10.00	Long Jump	U15 Girls CE	
	10.00	High Jump	U13 Boys CE	SH 1.11
	10.45	Discus	Sen / U20 / U17 / Mas Men CE	
	10.45	Long Jump	U15 Girls CE	
	11.00	Javelin	U17 Women CE	
	11.45	Long Jump	Sen / U20 / Mas Women CE	
	12.15	Pole Vault	Sen / U20 / U17 Mas Men Pool 2	SH 2m01
	12.30	Long Jump	U17 Women CE	
	12.45	Shot Put	U15 Girls CE	
	13.30	Shot Put	U15 Girls CE	
	13.30	Long Jump	U13 Boys CE	
	13.45	Javelin	Sen / U20 / Mas Women CE	
	14.00	Pole Vault	Sen / U20 / U17 Mas Men Pool 1	SH 2m31
	14.45	High Jump	U15 Girls CE Pool 2	SH 1m08
			U15 Girls CE Pool 1	SH 1m17
	15.00	Shot Put	U13 Boys CE	
	15.30	Javelin	Sen / U20 / U17 / Mas Men CE	

Warm Up - Minimum 2 Attempts

Combined Events Athletes - The Start and Report time for subsequent events will be listed at the CE Rest Area.

Masters - Athletes achieving the field event Merit Standard will be granted a further 3 attempts